Fin5 2021 Orienteering Week competition instructions

Posio-Kuusamo July 11-16, 2021

(Updated 5th July, 2021)

Introduction

These are the Fin5 Orienteering Week competition instructions, which will be updated as needed until the race event. Any changes to the corona epidemic may affect guidance. We provide information through the Fin5 website and other social media channels.

You can also register for fitness orienteering in the open series of the Fin5 orienteering week on site via the **rastilippu.fi – page**. However, we still recommend that you register and pay in advance.

It is not possible for the audience to attend the orienteering week, but for example, orienteerers of children's series are allowed to be accompanied by guardians / escorts. In addition, members of the family / group of the person orienteering (e g children not attending the event) may come to the competition center with the rest of the family/group if, for example, taking care of the child/children or some other important task requires it.

Post-registration for the competition series (H/D8-95) ends on Wednesday 23 June 2021 at 23.59 - After the above-mentioned time we can no longer accept registrations - The starting lists for the competition series (without start times) are on the 2021.fin5.fi -> Result service page.

The starting lists for the elite series, ie the H/D16-21E series, will be published on Friday, June 26, 2021. The participants of the competition series can choose their starting time for each competition day of the competition week from June 26 to July 2 11:59 p.m. Thereafter, unselected departure times are determined at random.

Pre-registration for open series fitness orienteering at a reduced price ends on Wed 23.6.2021 at 23.59. After this, you can register via the Rastilippu.fi service, also on the day of the competition.

- Those who have registered for the open series can be seen on the 2021.fin5.fi -> Competition info -> Results page
- There are no departure times for open series fitness orienteerers, ie you can orienteer at any time every day without prior notice, when the start is open.

On-site fitness orienteering registration on site

- On-site registration ONLY through the Rastilippu.fi service. In order to prevent the spread of the coronavirus epidemic, we do not accept applications filled in on a paper registration form on site.

- Children (under 14) and Family RR (PerheRR) series register by e-mail; seppo.linjakumpu@kev.fi, by July 9, 2021.

An open series fitness orienteerers can go to the start at the time most convenient for themself and go to the forest to orienteer on each day of the competition as follows:

1st competition (Sun 11 July at 11-16), 2nd, 3rd and 4th competition (Mon 12 July, Wed 14 July and Thu 15 July at 10-15) and 5th competition (Fri 16 July at 9-14)

In order to prevent the spread of the coronavirus epidemic, the following services of the Competition Center will be different during this year's orienteering week:

- The Muksula service (baby sitter service) is not in use
-> Take advantage of the optional start times for the competition series and open series -> the Labyrinth / Rastiralli point (for pre-school children) serves every competition day
- The shower place is not in use
- There is no drinking point in the finish
-> on a hot day, we recommend reserving a drinking bottle according to your orienteering performance
- There are no results boards in the competition center
-> Online results are on the 2021.fin5.fi -> Result service page
- The dog park service is not available
-> Take advantage of local boarding kennels
- Club tent places can only be booked in advance -> see more detailed instructions in the club tents section of the competition instructions. There are a limited number of places. It is forbidden to set up a club tent in the competition center without a marked place!

Before leaving for the Fin5 2021 Orienteering Week trip
- We recommend downloading the Corona Flasher application (Koronavilkku) in advance
- You can only travel to the competition and to the Northern Ostrobothnia (Koillismaa) as completely asymptomatic

Fin5 during the 2021 Orienteering Week trip
- Follow current hygiene, safety interval and face mask recommendations throughout the journey from the hometown to the Northeast Finland and back
- Face masks must be worn all the time (except during orienteering) and when moving in public places in the Northeast Finland region.
- The use of fabric face masks is not recommended due to their poor protection capacity!
- When traveling from your hometown to the Northeast Finland and back to your hometown, please avoid unnecessary stops in public places
- In the Northeast Finland region, we ask you to minimize movement in public places and to stay in one place and in the same group throughout the trip
- Do just the most necessary grocery shopping is done in the local stores
- As a rule, move about only in your own accommodation group, when you visit the competition venue or elsewhere, for example, when hiking, etc.

During the Fin5 2021 orienteering week

- Follow the hygiene, safety interval and face mask recommendations at the competition centers and the oreinteering week village in Ruka.
- Hand washing / use of hand sanitizer when entering public areas
- Hand washing / use of hand sanitizer whenever arriving at the customer service point (eg Fin5-info, restaurant and café outlets, shops, etc.)
- Keeping safety distances both indoors and outdoors
- Face masks must be worn throughout the event when moving around the competition center or competition area

The use of fabric face masks is not recommended due to their poor protective capacity!

- The orienteerers must use their own face masks

-> When going by bus from the P-areas to the competition center and back
-> when going to departure and being at the departure (before departure)

Immediately upon arrival at the finish, the face mask involved in the orienteering must be put on

- You do not need to use a face mask during orienteering
- The orienteerers has the responsibility to acquire and use the face mask

Fin5 2021 The arrangements for the orienteering week will comply with the restrictions imposed by the authorities at the time (including assembly restrictions), so we will update the competition instructions and corona instructions as necessary.

If you think you may be infected with coronavirus

1. Wear a face mask!

2. Make a symptom assessment in the omaolo.fi service or contact the emergency number 116 117

3. Apply for a corona test (by appointment)

● EVERY DAY to the testing point of Kuusamo Health Center (Raistakantie 1, 93600 Kuusamo) by calling on weekdays from 8 am to 3 pm, tel. +358 40 860 0090; at other times tel. +358 40 860 8611.

● EVERY DAY, call the Posio Health Center (Sairaalantie 2, 97900 Posio), tel. +358 16 254 100. The emergency service is open 24 hours a day.

4. A face mask must be worn on the way to and from the test

5. Wait at home / accommodation until you get the test result

The test result will be announced via SMS: be sure to give your correct phone number!

COVID-19 coronavirus testing at a health center site is free of charge for the patient.

Competition rules

The competitions follow the rules of IOF and SSL as well as the instructions given by the organizer.

Competition centers and guided tours

The competition center for races 1 and 2 is located about 63 km from Ruka. The first two races will be held in Posio, with the Kirintövaara ski center as the competition center. The last three races will be held in Kuusamo, Meskusvaara, about 33 km from Ruka.

The competition center has e.g. restaurant and café services, orienteering and sporting goods stores, showrooms and sales points, and the Labyrintti + Rastiralli. (for children). Unlike before, due to the coronavirus epidemic, the competition center does not have a washing place and Muksula service

Navigation addresses:

Orienteerig week village: Ruka Conference Center, Hotel Scandic Rukahovi, Rukankyläntie 15, 93830 Rukatunturi.

Competition Centers: Posio (competitions 1-2): Kiririnteentie 1, 97900 Posio. Kuusamo (competitions 3-5): Alatalontie 2, 93800 Kuusamo

Guidance, traffic and parking
Guidance to the orienteering week village in Ruka, competition centers and parking areas.

The guidance starts (there are signposts guiding):
- From Kuusamo agglomeration: highway E63/5 (Kajaanintie) and road 20 (Ouluntie) from the roundabout to Ruka, to the orienteering week village and competition centers.
-From the direction of Rovaniemi (main road 81) signs from Posio agglomeration to Ruka (orienteering week village) and Posio´s Kirintövaara competition center (competitions 1-2).
-Guide from Kemijärventie (highway E63/5) to Ruka (orienteering week village).
-From the Ruka, guidance to the Kirintövaara, Posio and Meskusvaara, Kuusamo competition centers. Signs to the competition centers start at the intersection road E63 (also highway 5) and road Rukatunturintie (No. 8692) at Ruka Tourist Center.

Signs will be in place on Friday, July 9, 2021 at 3 p.m.

Parking
Parking areas are located 400-6000 meters from the competition center. In the nearby parking area (in Meskusvaara competition center), passengers must be left at the competition center and cars is driven to the roadside park at a distance of 400-2000 meters.

Posio, Kirintövaara: The P-areas are located in competitions 1-2 in the Posio agglomeration and in the area of the former door factory. There are non-stop buses taking passangers from these parking lots to the competition center.

Kuusamo, Meskusvaara: in competitions 3-5, parking at a distance of 2000-6000 m on the racetrack, in the school area and also a nearby park at a distance of 400-2000 m from the competition center. Transportation from the racetrack and school p-area by non-stop buses to the competition center. In the nearby parking in Meskusvaara, leave passengers at the competition center and park the car by the roadside. Nearby parking / roadside parking is for families with children.

Bicycle parking
There are free bicycle parking for cyclists in both Kirintövaara and Meskusvaara competition centers.

Motorcycles, mopeds and bicycles
There is no separate parking area for motorcycles and mopeds but they can be left in the event parking areas. Parking areas are reserved for bicycles in the vicinity of the competition center. There is no parking fee for motorcycles, mopeds and bicycles.

Motorhomes and caravans
Motorhomes can arrive in the P-areas of the event. NOTE! Caravans cannot enter the P-areas of the competition center, so we recommend leaving the caravans in the accommodation or in a public parking lot.

Club buses
There is no parking space for club buses in the competition centers. Club buses can leave participants at the race center bus stop and then continue to the P-areas of the event.

Fin5-bus
The Fin5-bus runs once a day between Ruka and the competition centers on competitions days. Departure daily from Kuusamon Ruka at 9:00 am from the bus starting point in front of Kumpare shopping center. The Kumpare shopping center is located at Ruka, Rukankyläntie 8, Kuusamo.

Return at 15:00 from the competition center. Transportation had must be booked in advance. Transport has been booked about 30, so only one transport / day. More information about the Fin5-bus from seppo.linjakumpu@kev.fi

More detailed schedules are published in the hand program and on our website 2021.fin5.fi. Face masks must be worn in the buses.

Car park tickets
Parking tickets are checked when leaving the car parks.

You can buy tickets:

1) by paying in advance to Fin5 account (KEV) FI83 5194 0720 1118 92 (and pick-up from Fin5 info against payment receipt), information Fin5 / parking fee in the message section
2) at the Fin5 info desk in the orienteering week village in Ruka
3) at the Fin5 info desk in the competition center on competition days and
4) at the latest upon leaving the car park (cash and daily ticket only).

In order for the parking arrangements to go smoothly, we recommend buying the ticket in advance, paying to Fin5's account and applying for a P-ticket in the race information.

Parking rates
The price of a parking ticket is 35 € / week or 10 € / day. The price includes non-stop bus transfers from the car park to the competition venue and back to the p-area. (Transfers from Ruka to the competition venue and back are not included in the price of parking and must be booked separately, in advance)

By bus, the weekly price is 60 € or 20 € / day.

Maps and control descriptions
During the orienteering week, separate map sheets are used for each competition. The mapping work was done in 2019 and updated during 2020 and 2021. Terrain mapping has been carried out by Tapio Tahkola, Paavo Tahkola and Santeri Aikio.

The competition maps are in 6 colors and are printed on 6/2021 G-Print 115 g paper, the maps are in plastic covers. In the youth and adult series the map sizes are A3 or A4 and in the children's series A5. The scale is 1:10 000 and the curve spacing is 5 m. Starting with the H / D 45AL series, the scale is 1:7 500.

The controls are marked on the terrain with orange and white flags. The model of control point can be found on the guide pole. Control descriptions are printed on maps only. The competition maps show the drinking places including a message connection to the finish area and first aid. Prohibited areas are marked on the map, trespassing these areas is a reason for rejection.

Going to the starts, the competitors must follow the signposted route. The signs on the competition map must be followed. Maps will not be collected at the finish line from competitors. Competitors must remember the honest action required by the sporting rules before and after the competition performance. Competitors awaiting their performance are not allowed to familiarize themselves with the tracks in advance.

Use of spikes
The use of spikes is NOT allowed in the competition.

Control points and stamping system
The model of control point is near the guide pole of the competition center. All series have the Emit stamp. The model control point of the RR-route is at the point of departure.

Routes
Track lengths can be found in a separate table. The controls are close together in the terrain, so the control code should be checked carefully.

Competition material
All competitors use the competition number, which can be picked up from the race center (hanging on a string) near Fin5 info. In addition, the competition number can be picked up on Saturday 10th July from 2 pm to 8 pm from Kisakylä in Ruka, in front of the congress center. The competition number can be checked on the 2021.fin5.fi -> Tulospalvelu/Result Service website. The competitor attaches his number with his own safety pins. Safety pins can be purchased from Fin5 info for 1 € / 4 pcs. Participants will use the same competition number throughout the week.

If you have lost your competition number, you can buy a new one for 2 euros from Fin5 info.

Emit cards reserved in advance for the participants of the competition series can be picked up from Fin5 information and, if necessary, pay the rent on the spot, price 15 € / week or 5 € / day. We charge € 80 for a rental EMIT-card that is not handed in after the orienteering week.

The condition of the Emit card can be checked at the model control of the competition center.

The same Emit card CANNOT be used in race series and open series.

Emit number changes:
Until 23rd June until you can make an emit change directly to IRMA for free. After 24th June the change of Emit number can only be notified by e-mail to the Fin5 office at seppo.linjakumpu@kev.fi and a handling fee of € 10 will be charged for the change.

During the event, from 11 to 16 July 2021, the change of Emit number can only be announced on the spot to Fin5-info and a handling fee of 10€ will be charged for the change.

BE SURE TO CHECK YOUR EMIT CARD NUMBER AND OTHER COMPETITOR INFORMATION FROM THE STARTING SCHEDULE TO BE PUBLISHED DURING WEEK 25 AND NOTIFY THE COMPETITION OFFICE OF ANY CHANGES!

The competitor is responsible for the functionality of his / her electronic competition card and for using the competition card mentioned in the starting list. The race organizer will not

check / verify the correctness of the competitor's race card before start. If a competitor uses an electronic competition card other than the one notified to the organizer, the performance will be rejected (Orienteering Sport Rule 11.518).

The competition uses an electronic or mechanical registration device approved by the Finnish Orienteering Association. Only the original Unopened Electronic Competition Card (Emit Card) may be used in competitions.

Emit check strips are at the starting points.

Starts

Guides to the starts start from the competition center's guide pole. The starting number for each series is the same in all races.

The first starts by race are as follows:

Sunday 11.7. at 11:00

Monday 12.7. at 10.00

Wednesday 14.7. at 10.00

Thursday 15.7. at 10.00

Friday 16.7. at 9.00

The number of start points, partners and departure reference information can be found in the table below. Trips to starts and toilet and drinking points along the departure signs can be found in the handbook's separate departure guide map.

Guides to starting points and partners / signposts

Start 1 Koillismaan Osuuskauppa

Start 2 Pentik

Start 3 Ruka Kuusamo Tourism

Start 4 OP-Pohjola

Start 5 Posio municipality / City of Kuusamo

Operation at the starting areas 1-3

Observe a safety distance of 1-2 m in the start area. Keep the face masks on until you have 1 min left until you start (until you move next to the map box). During the last minute, take off the face mask and put it in the trash. Orienteerers under the age of 12 are not required to wear a face mask (THL Age Recommendation).

4 min Competitors are invited to the start. At the same time, the competition number is checked.

3 min Reset Emit cards.

2 min The competition map is available.

1 min The competitor moves next to the map box. The map is taken at the time of departure. The competitor is responsible for taking the correct map from the map box (Orienteering Rule 3.78). The map ID is marked in the map box (eg D35A).

There are signposts for the starting point from starting area in the competitions 1, 3, 4 and 5. In the competition 2 there are no signposts to the starting point. (Starting point is at the starting area).

Late competitors will register with the start person, who will check the competitor's information and reset the Emit card and give the competitor a start permit.

Start procedure at the starting area 4

Observe a safety distance of 1-2 m at the starting area. Keep the face masks on until you have 1 min left until you start (until you move next to the map box). During the last minute, turn off the face mask and put it in the trash. Orienteerers under the age of 12 are not required to wear a face mask (THL Age Recommendation).

5 min Competitors are invited to the start by reading the start time and the name of the competitor. In the H/D8-10RR and H/D12TR series, the orienteerers can familiarize themselves with the map for one minute. The map has a track print for each series. Other children's series are also allowed to familiarize themselves with the map for a minute, but only the starting point is marked on these model maps.

4 min Check the competition number

3 min Reset Emit cards.

2 min RR and TR track orienteerers receive a map 2 min before start and, if desired, also guidance. In other children's series, a map with a starting point can be seen. The starting point is at the starting area. A clean model map can be seen in the veteran series.

1 min RR and TR track orienteerers are allowed to study the map. Other children’s series get their own map and can check it out for a minute. Veteran series are only allowed to take a map from the map stand at the start time.

Starting point is at the starting area.

RR-series

There are two different RR routes that depart from starting points in different directions. The RR tracks run separately from the initial journey and merge at the third (RR3) control.

At RR3 there is a guide who will tell you the correct direction if needed. The rest of the tracks on both RR lines is the same.

The marking of RR tracks is marked on the terrain with a uniform plastic strip. The plastic tape of the H/D8RR series and the Family series is WHITE throughout the trip. For the H/D9RR and H/D10RR series, the color of the plastic tape is YELLOW for the start of the trip and WHITE for the end of the trip when the routes run together.

Start Procedure at H / D14A series starting point 4
In the H/D14A series, the procedures are exceptionally the same as in the adult series.

Drinking points and first aid in the terrain
All races have drinking points on the terrain that are marked on the map. There is a telephone connection from the drinking points to the first aid team of the competition center. If necessary, the injured competitor can be picked up at the drinking point. Water is available at the drinking points.

There is no drinking point in the finish (to prevent the spread of the coronavirus epidemic). On hot days we recommend reserving a drink bottle according to the orienteering performance, so that you can enjoy the liquid immediately upon arrival at the finish.

First aid
The first aid point is located in the immediate vicinity of the finish line. The first aid team is at the competition center every race day.

Finish line

All orienteerers (excluding fitness series) run into a common finish box. Open series runners will come to their own finish line at the finish, including Perhe-RR.

The finish is closed as follows:

Sunday 11.7. at 6:30 p.m.

Monday, July 12 at 6.00 p.m.

Wednesday 14.7. 5:30 p.m.

Thursday 15.7. 5:30 p.m.

Friday 16.7. at 5.00 p.m.

There is no drinking point in the finish (to prevent the spread of the coronavirus epidemic). On hot days we recommend reserving a drink bottle according to the orienteering performance, so that you can enjoy the liquid immediately upon arrival at the finish.

If you interrupt your race
Those who interrupt the race come normally to the finish line and report their suspension

at the Emit checkpoint.

Results and Split Times
The results and Split times can be seen on the Internet at 2021.fin5.fi → Tulospalvelu/Result Service.

Toilets
The toilets are located in the competition center. There are also toilet points along the signposted routes to the starting points.

Washing place
There is no washing place in the competition center.

Rastiralli and Labyrinth orienteering for children

The Rastiralli and Labyrinth action point will serve at the competition center on each competition day, if the covid19-related gathering restrictions and other restrictions allow it. The activities are aimed at children who are not yet involved in the actual orienteering. There are nature and orienteering tasks along the line of the Rastiralli route. The little orienteerer will need a companion who is able to read to assist.

School-age children can also try Labyrinth orienteer. Start and finish for the Rastiralli are in the same place. Upon departure, the departed receives a map and necessary instructions. The participation fee for Rastiralli is paid to the Fin5 account in advance and the payment receipt must be displayed at Rastiralli's office for the administrator. The participation fee can also be paid in cash on site, but we recommend payment via a bank account. The prices for the rally are as follows: 5 € / day, 15 € / week.

Labyrinth orienteering is free.

Visiting hours:

Sunday 11.7. 11 a.m. to 4 p.m.

Monday 12.7. 10-15

Wednesday 14.7. 10-15

Thursday 15.7. 10-15

Friday 16.7. 9-14

Dog park
There is no dog park during the Orienteering week this year. Take advantage of local boarding kennels.

Restaurant and café services
All restaurant and café services operate on a take-away basis only. All portions are pre-

packaged.

Orienteering Lunch Restaurant
The orienteer´s restaurant serves two lunch options every day, one of which is a vegetarian option. The ingredients of our lunch are almost 90% domestic, with no added preservatives or additives. All food portions are heated on site in our forest kitchen. Our lunch list will be published on the website during June. KEV, PosPy and Fin5 2021 wish good appetite to the whole race!

About the grill: In addition to the legendary race sausage, other delicacies are served from the grill.
Delicacy: The most important Finnish Summer flavors are pancakes, strawberry jam and whipped cream.
Fin5 Café: In addition to fresh buns, the homely bun-scented café serves pastries, various snacks and soft drinks.

Club tents
Club tent places can only be booked in advance. There are a limited number of club tent sites. Each club tent site is pre-marked with competition centers. It is forbidden to set up a club tent in the competition center without a marked place. The places in the club tent were bookable until 31.5.2021. Each club can reserve only one tent site. In June, a place for a tent can still be reserved if there are tent places left.

It is possible to set up club tents in Kirintövaara on Sat 10.7. from 15:00 to 20:00 and Sun 11.7. from 9.00. The club tent area is located on the edge of the competition center. The club tent area is marked separately with signs and delimited to the competition area with a tape of the forbidden area.

In Meskusvaara, the club tent area is along the finish line and it is possible to set up a tent there on Wednesday 14 July. from 8 a.m.

Training opportunity
Training is possible using several different maps in Kuusamo and Posio. Exercise maps / self-orienteering maps can be purchased from Fin5 info. More information on practice opportunities 2021.fin.fi -> More information -> Activities.

Orienteering week village

The orienteering week village is located in Ruka, Hotel Scandic Rukahovi, in the conference center, at Rukankyläntie 15, 93830 Rukatunturi. There are plenty of parking areas at Ruka Ski Stadium, address Hiihtostadionintie 3, 93830 Rukatunturi.

There is also a payable parking garage for 300 cars nearby conference center.

The race village has the following services:

- Fin5-info: The info includes the competition series and open series service and the Fin5 store.

-> Fin5 products, bus tickets and parking tickets

-> Possibility to pick up the competition number on Saturday 10.7. 14-20.

Fin5 info

During the orienteering week, the competition office will serve in the competition village and competition center.

Opening hours in the race village (Kokouskeskus / Rukankyläntie 15, 93830 Rukatunturi)

Saturday 10/07/2021: 12:00 to 20:00

Sunday 11.7.2021: Not open

Monday, July 12, 2021: Not open

Tuesday, July 13, 2021: 12:00 to 16:00

Wednesday, July 14, 2021: Not open

Thursday 15.7.2021: Not open

Friday 16.7.2021: Not open

Saturday, July 17, 2021: 10:00 to 12:00

Opening hours in competition centers (Kirintövaara, Meskusvaara)

Sunday, July 11, 2021: 9 a.m. to 7 p.m.

Monday 12.7.2021: 9.00-18.00

Tuesday 13.7.2021: Not open

Wednesday, July 14, 2021: 9 a.m. to 6 p.m.

Thursday 15.7.2021: 09: 00-18: 00

Friday, July 16, 2021: 08:00 to 18:00

Fin5 store (in connection with Fin5-info)
The sale of the competition products takes place in the Fin5 info of the competition village and the competition center. Fin5 products, maps, etc. are for sale.

Self orienteering maps
Self orienteering maps available from the Fin5-info on the terrain of Posio and Kuusamo.

The maps are sold during the opening hours of the info desk. More information can also be found on 2021.fin5.fi -> Additional information -> Activities.

Awards
Prizes for winners

The prizes for the winners of the series will be distributed as follows:

1st and 2nd competitions: Monday, July 12, at 7 pm, Ruka competition village / Tykkylava. Prize winners are kindly requested to arrive at 18:30. The current hygiene, safety distance and face mask recommendations will be followed at the event. For the winners, we require the use of a face mask.

3rd and 4th competitions: Thursday 15 July, 7 pm, Ruka competition village / Tykkylava. Prize winners are kindly requested to arrive at 18:30. The current hygiene, safety distance and face mask recommendations will be followed at the event. For the winners, we require the use of a face mask.

Unclaimed prizes can be picked up from Fin5 info; racing series for racing information and open track lottery prizes for fitness series information.

Awarding the best of the overall competition

According to the joint results of the orienteering week, the best 1-3 will be awarded. If there are 1-5 participants, only the winner will be awarded. If there are 6 or more participants, the top 3 will be awarded.

The best of the H/D16-21E series will be awarded on Friday 16.7. after the results have been determined by the competition centre's award ceremony. The current hygiene, safety interval and face mask recommendations will be followed at the event. For the winners, we require the use of a face mask.

In the H / D21E series, the top three of the Fin5 Orienteering Week competition will receive scholarships. The values of the scholarships are as follows:

H21E 1. 1500 € 2. 1000 € 3. 500 €

D21E 1. 1500 € 2. 1000 € 3. 500 €

The prizes for the other series will be distributed on Friday 16 July. from about 11 a.m. Prizes can be picked up from the tent near Fin5 Info once the final results of the series have been confirmed. Please note that due to the free start times, it may take longer to complete the series.

Unclaimed prizes can be picked up from Fin5 info. If the recipient of the prize pays for the postage, the prize can be posted to the given address after the event. To get the prize mailed home, the participant must give the Fin5 info their the postal address, email and telephone number.

Children's Series Awards
All H/D8-10RR and familyRR will be awarded with a separate entry prize offered by our partner. The prize can be picked up from the competition centre's Fin5 info on Wednesday 14th July from.

Open Series and Family Series Awards
Prizes will be drawn on each day of the competition among all participants in the open series and family series, which will be given out at the open series info desk. At least 1 raffle prize / competition day will be drawn in each series. Those who have registered by 2 pm each day will take part in the draw.

Payment methods during Fin5 orienteering week
Most Fin5 points of sale (eg restaurant, café, Fin5 info and open series info, Fin5 store) recommend paying with debit and credit chip cards (Visa, Visa Electron, MasterCard, Maestro). There may also be points of sale in the area where only cash is valid, which is why it is worth taking cash with you as well.

Rastilippu.fi is the primary place to pay when registering for open series (fitness series). In addition, participation in Fin5 open series can be paid in the open series information with the following payment methods (registration in the Rastilippu.fi service. Select the item I do not pay on the Rastilippu -> I pay on the spot with exercise benefit):

- Smartum culture and sports banknotes, Tyky banknote, Tyky + banknote.
- Edenred card payment
- ePass payment, SmartumPay and Edenred mobile payment.

ATMs can be found in the center of Kuusamo and Posio, as well as in Ruka.

Photography

Photos and videos of the event will be taken and published in the image gallery of the 2021.fin5.fi website, on the Facebook site, Instagram site and on the youtube channel. The organizer reserves the right to use pictures and videos taken of the participants of the event (orienteers, audience, etc.) in the marketing of the event.

Privacy
By registering for the event, the customer accepts the privacy statements: transaction register description and marketing register description, which are available on our website: 2021.fin5.fi

Safety
Making a fire and smoking are strictly forbidden in the competition center area! Emergency procedures can be found at the end of the manual. **The emergency number is 112.** The arrangements for the Fin5 orienteering week will comply with the restrictions imposed by

the authorities at the time (eg gathering restrictions related to health safety).

Organizer: Kuusamon Erä-Veikot ry / Posion Pyrintö ry.

Competition management
Competition director: Antti Häkämies, a_hakamies@hotmail.com, tel. +358 41 4579467
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Council of Judges
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Member Seija Jussinniemi, Sinkki-Sepot
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Competition Office (Fin5-info)
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Social media:

facebook: @Fin5Suunnistusviikko2021KuusamoPosio

instagram: @fin5kuusamoposio

twitter: @Fin5_2020

Social media hashtags:

#fin52021

OPERATING INSTRUCTIONS FOR OPEN KITS AND FAMILY KITS

It is recommended to register in advance. Pre-registration at reduced prices is possible until Wed 23.6.2021. Through the Rastilippu.fi service, you can still register on race days.

Open series fitness orienteerers access the terrain daily according to their own schedule, when the start is open.

For each Fin5 orienteering week competition day, it is possible to participate in open series and a family series. All tracks can be toured alone or in a group / family. In these series, time is taken for participants, but total results are not calculated and investment prizes are not awarded.

Procedures for open series entrants:
Pre-registerated (with own emit card): Pick up the race number in the vicinity of the open series info, where the competition numbers are on a string. Use hand sanitizer before and after taking your number. After picking up the race number, the orienteerer can go orienteering according to the free start time of his choice. NOTE! In this case, there is no need to register on the spot in the open series info anymore!

Pre-registrated (with rental card): Enroll in the event upon entering the “pre-enrolled” point in the open series info, where they will receive a pre-booked emit card and race number from the string outside the info.

Registration

It is recommended to register in advance. Pre-registration at reduced prices is possible until Wed 23.6.2021. Through the Rastilippu.fi service, you can still register on race days.

Registration (adults): primarily through the Rastilippu.fi service. Until 23.6.2021 in advance also through the Irma registration service.

You can register for the open series **for children under 14 and for the family series until July 9, 2021 by e-mail** at seppo.linjakumpu@kev.fi. Advance payments to Fin5 account FI83 5194 0720 1118 92. Fin5 registration with name in the message field.

The participation fee for registrations made between 24 June and 9 July 2021 (under 14 years of age and family series) can be made by paying in advance to the Fin5 account (present a receipt for the advance payment in the info) or at the event in the competition centre's open series info desk.

The participation fee can be paid by:

- When registering in the Rastilippu.fi service with bank IDs or credit / debit cards

In addition, when registering on the Rastilippu.fi service, you can choose a sports benefit as the payment method (by ticking, I do not pay for my participation in the Rastilippu section). Payment for the sports benefit is made in the info of the open series (unless otherwise stated).

Info (with sports benefits):

- Smartum culture and sports banknotes, Tyky banknote, Tyky + banknote
- Edenred card payment
- ePass payment, SmartumPay and Edenred mobile payment

If necessary, the Emit card can be rented from the open series info. See price steps and more detailed instructions at 2021.fin5.fi

NOTE! Every day you can choose the series / track you want, even at the starting point. The series and track you select will always be updated with your information at the point of departure before departure.

Series

In the open series, there are eight tracks of different lengths and levels to choose from in each race, of which the Family RR Series is navigated as a cross-country route (8RR). See more detailed track information on our website www.2021.fin5.fi.

Maps with track prints can be seen at the competition center near the information in the open series.

Procedures at the starting areas

Open (A, B and C) at the starting area 5

You can decide the departure time yourself and move on to starting area 5. Observe safety distances.

Administrators will register fitness orienteerers (A, B and C) at the starting area for the desired tracks. The orienteerer must have an Emit card and a number obtained from the open series info string or info. The correct map is selected at the starting area. Departure is by resetting the Emit card. Starting point is at the starting area.

Observe a safety distance of 1-2 m in the start area. Keep the face masks on until you have 1 min left until you start (until you move next to the map box). During the last minute, take off the face mask and put it in the trash. Orienteerers under the age of 12 do not need to wear a face mask.

Family Series (Family RR) at the starting area 4
The staff register the orienteers of the family series at start 4. The orienteer must have an Emit card and a number taken from the string for the information of the open series. After registration, the family series orienteerers are guided along a signposted route to the point of departure located next to departure 4. At the departure point, the staff issues the map and the departure takes place by resetting the Emit card. Starting point is at the starting area.

All orienteerers of the open series and family series arrive at their own finish. (Municipality of Posio / City of Kuusamo).

Fin5 info

During the orienteering week, the competition office will serve in the competition village and competition center.

Opening hours in the Fin5 orienteering week village (Kokouskeskus / Rukankyläntie 15, 93830 Rukatunturi)

Saturday 10/07/2021: 12:00 to 20:00

Sunday 11.7.2021: Not open

Monday, July 12, 2021: Not open

Tuesday, July 13, 2021: 12:00 to 16:00

Wednesday, July 14, 2021: Not open

Thursday 15.7.2021: Not open

Friday 16.7.2021: Not open

Saturday, July 17, 2021: 10:00 to 12:00

Opening hours in the competition centers (Kirintövaara, Meskusvaara)

Schedule

Day	Open series info open	Terrain access	Finish closed:
on 11.7.	9.00 to 19.00	11.00 to 16.00	18.30
on 12.7.	9:00 to 18:00	10:00 to 15:00	17:30
Wed 14.7.	9:00 to 18:00	10:00 to 15:00	17:30
to 15.7.	9:00 to 18:00	10:00 to 15:00	17:30
Fri 16.7.	8.00-18.00	9.00-14.00	16:00.

NOTE! All orienteerers who have left the forest must report to the finish line, even if they have interrupted their performance.

Additional instructions
The same competition number is used in all competitions. So keep your competition number all week long! If you lose your competition number, you get a new one by paying 2 euros. The orienteerer attaches his/her number with his own safety pins. Safety pins can be purchased from the open series info for 1 € / 4 pcs

On lines A, B and C, the orienteer does not have to report the series / track change in the open series info! The final series/track choice of the orienteerer on the day of the competition is registered in the result service system at the starting area.

The same Emit card CANNOT be used in open series and competition series.

In open series, different people can use the same Emit card also in the same competitions.

In the family series, the whole group has one common race number and an Emit card, which are read at the start and finish. The organizers have reserved the participants of the family series maps and one Emit card for each participating family.

It is forbidden to enter the terrain without an Emit card! If necessary, the Emit card can be rented from the open series info.

Lottery prizes
Prizes will be drawn between all open series and family series participants on each day of the competition, the prizes will be distributed from the open series information. Those who have registered by 2 pm each day will take part in the draw. Lottery daily at 2 p.m.